

OCTOBER 2013

Fond du Lac Senior Center...

where friends meet!

151 E. First Street 322-3630

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Underlined events and programs require pre-registration.</p> <p>Special Events & "Once-a-month" Activities</p> <p>MPTC Classes</p> <p>Senior Center Art & Rec Classes</p> <p>Happy Travelers Trips</p>	<p>1</p> <p>8:30 8-Ball Pool League</p> <p>9:00 Tai Ji</p> <p>9:00 Skat</p> <p>9:30-1:30 Consignor Intake</p> <p>10:00 <u>Hobbs Woods Hike</u></p> <p>10:00 <u>Oil Painting Class</u></p> <p>10:00 <u>Singing Class</u></p> <p>12:45 Bridge</p> <p>1:00 Bingo—sponsor: <i>Hospice Advantage</i></p> <p>1:00 <u>Watercolor Class</u></p> <p>3:00 <u>Mixed Media Class</u></p> <p>6:00 Woodworkers (Horace Mann HS)</p>	<p>2</p> <p>8:30 9-Ball Pool League</p> <p>8:30 SCAMP</p> <p>9:00 Linettes</p> <p>9:00 Handchimes</p> <p>10:10 Video Exercise</p> <p>12:00 Hand & Foot</p> <p>1:00 Cribbage</p> <p>1:00 Canasta</p> <p>1:15 Sheephead</p> <p>3:30 <u>Sewing Lab</u></p> <p>7:30 Dance: Bob & Marilyn D.J. / Variety & Karaoke</p>	<p>3</p> <p>9:00 <u>Use It or Lose It (Exercise Tips)</u> <i>Mary Jo Neumann (LHHS)</i></p> <p>9:00 Handchimes</p> <p>10:00 Scrapbooking</p> <p>10:30 <u>MPTC Beginning Yoga</u></p> <p>12:00 <u>ROMEos at Pizza Ranch</u></p> <p>12:45 Bridge</p> <p>1:00 <u>MPTC Quilting CANCELLED</u></p> <p>1:00 Flying Geese Quilting Club</p> <p>3:45 Walk Live!</p> <p>6:00 Char-tastic Crafters TOPS #0566</p> <p>6:00 <u>6:00 Line Dancing Class</u></p>	<p>4</p> <p>10:00 Red Hat Chorus</p> <p>12:30 / 1:45 Wii Bowling League</p> <p>1:00 Memory Writers Group</p> <p>1:30 <u>Dottie Baby Shower</u></p> <p>1:00 Pinochle</p> <p>1:15 Sheephead</p> <p>5 Saturday</p> <p>10:00 <u>Beg. Line Dancing Class</u></p>
<p>7</p> <p>9:00 <u>Bagels with a Broker</u> Speaker: Jim Lowry, Pacific Life "Income in Retirement"</p> <p>9:00 Low Impact Exercise</p> <p>9:00 Woodcarving Club</p> <p>12:30 MOVIE: "Quartet"</p> <p>1:00 German Club</p> <p>1:00 Poker</p> <p>1:15 Sheephead</p> <p>3:45 Walk Live!</p> <p>5:00 TOPS #1159</p> <p>5:30 Zumba Gold</p> <p>7:00 Beginning Dance Class</p>	<p>8</p> <p>8:30 8-Ball Pool League</p> <p>9:00 Tai Ji</p> <p>9:00 Skat</p> <p>9:30-1:30 Consignor Intake</p> <p>10:00 <u>Oil Painting Class</u></p> <p>10:00 <u>Singing Class</u></p> <p>12:45 Bridge</p> <p>1:00 Bingo-sponsor: <i>Comfort Keepers</i></p> <p>1:00 <u>Watercolor Class</u></p> <p>1:00 Stitchery</p> <p>3:00 <u>Mixed Media Class</u></p> <p>3:15/5:15/6:45 <u>Card Making w/Jana</u></p> <p>6:00 Woodworkers Mtg. at Senior Center</p> <p>6:30 Coin Club</p>	<p>9</p> <p>8:30 9-Ball Pool League</p> <p>8:30 SCAMP</p> <p>9:00 Linettes</p> <p>9:00 Handchimes</p> <p>10:00 <u>Look Good, Feel Better</u></p> <p>10:00 <u>Bike Ride</u> <i>Rolling Meadows/Hobbs</i></p> <p>10:10 Video Exercise</p> <p>12:00 Hand & Foot</p> <p>1:00 Cribbage</p> <p>1:15 Sheephead</p> <p>3:30 <u>Sewing Lab</u></p> <p>7:30 Dance: Roger & Eddie Accordion & Guitar Old Time & Variety</p>	<p>10</p> <p>8-3 <u>Foot Care</u></p> <p>9:00 Handchimes</p> <p>10:00 Scrapbook Club</p> <p>10:30 <u>MPTC Beginning Yoga</u></p> <p>12:45 Bridge</p> <p>1:30 <u>Flying Geese Quilters Trunk Show</u> at 1st Presbyterian Church</p> <p>3:45 Walk Live!</p> <p>1:00 <u>MPTC Quilting CANCELLED</u></p> <p>6:00 TOPS #0566</p> <p>6:00 <u>Line Dancing Class</u></p> <p>7:00 Sunset Stitches Quilters</p>	<p>11</p> <p>Wellness Morning 9-10 Health Screenings / Booths 10-11 Speaker: Humor, Stress & Health: Laugh for the Health of it Lynda Markut, MS</p> <p>10:00 Red Hat Chorus</p> <p>10:30 <u>Red Hat Fun on the Farm</u></p> <p>12:30/1:45 Wii Bowling League</p> <p>1:00 Pinochle</p> <p>1:00 Memory Writers Group</p> <p>1:15 Sheephead</p> <p>12 Saturday</p> <p>10:00 <u>Beg. Line Dancing Class</u></p> <p>10:00 <u>Bob Ross Painting Class</u></p> <p>13 Sunday</p> <p>6:00 Model RR Hobbyists</p>
<p>14</p> <p>9:00 Low Impact Exercise</p> <p>9:00 Woodcarving Club</p> <p>1:00 <u>Shades of Ireland</u> 2014 Trip Preview</p> <p>1:00 German Club</p> <p>1:00 Poker</p> <p>1:15 Sheephead</p> <p>3:45 Walk Live!</p> <p>5:00 TOPS #1159</p> <p>5:30 Zumba Gold</p> <p>6:30 FDL Area Writers Club</p> <p>7:00 Beginning Dance Class</p>	<p>15</p> <p>7:30 TRIAD Meeting (Sheriff's Office)</p> <p>8-3 <u>Foot Care</u></p> <p>8:30 8-Ball Pool League</p> <p>9:00 <u>MPTC Computer Basics 3</u></p> <p>9:00 Tai Ji 9:00 Skat</p> <p>9:30-1:30 Consignor Intake</p> <p>10:00 <u>Oil Painting Class</u></p> <p>10:00 <u>Singing Class</u> 12:45 Bridge</p> <p>1:00 <u>MPTC Int. Digital Cameras</u></p> <p>1:00 Bingo—sponsor: <i>Lake View Estates</i></p> <p>1:00 <u>Watercolor Class</u></p> <p>3:00 <u>Mixed Media Class</u></p> <p>6:00 Woodworkers (Horace Mann HS)</p>	<p>16</p> <p>8:30 9-Ball Pool League</p> <p>8:30 SCAMP</p> <p>9:00 <u>MPTC Computer Basics 3</u></p> <p>9:00 Linettes 9:00 Handchimes</p> <p>10:10 Video Exercise</p> <p>12:00 Hand & Foot</p> <p>1:00 <u>MPTC Pinterest</u></p> <p>1:00 Cribbage 1:00 Canasta</p> <p>1:15 Sheephead</p> <p>3:30 <u>Sewing Lab</u></p> <p>7:00 Stamp Club</p> <p>7:30 Dance: Leota, Gerry & Syl Accordion & Guitar; Old Time & Variety</p>	<p>17</p> <p>8:00 <u>Lifeline Screening</u></p> <p>9:00 <u>MPTC Computer Basics 3</u></p> <p>9:00 Handchimes</p> <p>10:00 Scrapbook Club</p> <p>10:30 <u>MPTC Beginning Yoga</u></p> <p>12:45 Bridge</p> <p>1:00 <u>AARP Meeting Speaker: Bridget Bestor, ADVOCAP, Volunteers</u></p> <p>1:00 Post Office Poker</p> <p>3:45 Walk Live!</p> <p>6:00 Char-tastic Crafters</p> <p>6:00 TOPS #0566</p> <p>6:00 <u>Line Dancing Class</u></p>	<p>18</p> <p>8:30 SCAC Meeting</p> <p>10:00 Red Hat Chorus</p> <p>12:30/1:45 Wii Bowling League</p> <p>1:00 Pinochle</p> <p>1:00 Memory Writers Group</p> <p>1:15 Sheephead</p> <p>19 Saturday</p> <p>CRAFT FAIR 9 am—1 pm</p> <p>10:00 <u>Beg. Line Dancing Class</u> (will meet at Rec. Dept.)</p> <p><u>Supper Club—Mancino's (inside Ramada) 5:00 Social; 5:30 Dinner</u></p>
<p>21</p> <p>8:00 <u>Newsletter Assembly</u></p> <p>9:00 Low Impact Exercise</p> <p>9:00 Woodcarving Club</p> <p>9:30 <u>Book Club</u> <i>Into Thin Air</i> by Jon Krakauer</p> <p>1:00 German Club</p> <p>1:00 Poker</p> <p>1:15 Sheephead</p> <p>3:45 Walk Live!</p> <p>5:00 TOPS #1159</p> <p>5:30 Zumba Gold</p> <p>7:00 Beginning Dance Class</p>	<p>22</p> <p>8:30 8-Ball Pool League</p> <p>9-11 <u>Outreach Volunteer Training</u></p> <p>9:00 Tai Ji 9:00 Skat</p> <p>9:30-1:30 Consignor Intake</p> <p>10:00-? <u>Massage/Reflexology/Iris</u></p> <p>10:00 <u>Oil Painting Class</u></p> <p>12:45 Bridge</p> <p>1:00 Bingo-sponsor: <i>Riverside Sr Apts</i></p> <p>1:00 <u>Watercolor Class</u></p> <p>1:00 Stitchery</p> <p>2:00 <u>Community Cares-St Francis Home</u></p> <p>3:00 <u>Wacky Races</u></p> <p>3:00 <u>Mixed Media Class</u></p> <p>6:00 Woodworkers (Horace Mann HS)</p>	<p>23</p> <p>8:30 9-Ball Pool League</p> <p>8:30 SCAMP</p> <p>9-11 <u>Outreach Volunteer Trng</u></p> <p>9:00 Linettes</p> <p>9:00 Handchimes</p> <p>10:10 Video Exercise</p> <p>12:00 Hand & Foot</p> <p>1:00 Cribbage</p> <p>1:15 Sheephead</p> <p>3:30 <u>Sewing Lab</u></p> <p>7:30 Dance: Carl & Gerry Concertina & Guitar Old Time/Variety</p>	<p>24</p> <p>8-3 <u>Foot Care</u></p> <p>9:00 Handchimes</p> <p>10:00 Scrapbook Club</p> <p>10:30 <u>MPTC Beginning Yoga</u></p> <p>12:30 MOVIE: "Quartet"</p> <p>12:45 Bridge</p> <p>3:45 Walk Live!</p> <p>6:00 TOPS #0566</p> <p>6:00 <u>Line Dancing Class</u></p> <p>6:30 Project Linus</p> <p>6:30 Alzheimer's Support Group</p>	<p>25</p> <p>8:30 Friends Board Meeting</p> <p>9-11 <u>Outreach Volunteer Trng</u></p> <p>10:00 Red Hat Chorus</p> <p>12:00 <u>Pot Luck</u></p> <p>12:30 / 1:45 Wii Bowling League</p> <p>1:00 Memory Writers Group</p> <p>1:00 Pinochle</p> <p>1:15 Sheephead</p> <p>26 Saturday</p> <p><u>Scrapbook Crop & Workshop with Kim</u> 9:00 a.m.—9:00 p.m.</p>
<p>28</p> <p>9:00 Low Impact Exercise</p> <p>9:00 Woodcarving Club</p> <p>1:00 Poker</p> <p>1:00 German Club</p> <p>1:15 Sheephead</p> <p>3:45 Walk Live!</p> <p>5:00 TOPS #1159</p> <p>5:30 Zumba Gold</p> <p>7:00 Beginning Dance Class</p>	<p>29</p> <p>8:30 8-Ball Pool League</p> <p>9:00 Tai Ji</p> <p>9:00 Skat</p> <p>9:30-1:30 Consignor Intake</p> <p>10:00 <u>Oil Painting Class</u></p> <p>12:45 Bridge</p> <p>1:00 Bingo-sponsor: <i>Right at Home</i></p> <p>1:00 <u>Watercolor Class</u></p> <p>3:00 <u>Mixed Media Class</u></p> <p>6:00 Woodworkers (Horace Mann HS)</p>	<p>30</p> <p>8:30 8-Ball Pool League</p> <p>8:30 SCAMP</p> <p>9:00 Linettes 9:00 Handchimes</p> <p>10:10 Video Exercise</p> <p>12:00 Hand & Foot</p> <p>1:00 Cribbage</p> <p>1:15 Sheephead</p> <p>7:30 Dance: Kenny "B" Country / Variety</p> <p><u>Happy Travelers: Mary Poppins</u></p>	<p>31</p> <p>8-10 <u>Flu Shot Clinic</u></p> <p>8-3 <u>Foot Care</u></p> <p>9:00 Handchimes</p> <p>10:30 <u>MPTC Beginning Yoga</u></p> <p>12:45 Bridge</p> <p>3:45 Walk Live!</p> <p>6:00 TOPS #0566</p> <p>6:00 <u>Line Dancing Class</u></p> <p><u>Happy Travelers: Oneida Casino / Jim & Linda's</u></p>	<p>Lunch is served at the Senior Center at 11:45 a.m. every Monday—Thursday through FDL County's Dept. of Senior Services Dining Program. Please call 929-3937 for reservations. Menus available.</p>